


# Time to Get Fit?



Your local gym in Bishop's Waltham

No contracts | Plenty of free parking

Single taster sessions available

DSXfitness

12 weeks to fitness



**FREE Session - Call Today:**

**01489 - 899516**

Cardio Room ♦ Nautilus Machines  
Licensed Personal Trainers

TRINDER HOUSE ♦ FREE STREET ♦ BISHOPS WALTHAM ♦ SO32 1EE  
Phone: 01489 - 899516 ♦ [www.dsxfitness.com](http://www.dsxfitness.com)